



ACTIVITY: CHOCOLATE MILK

Teaching Goal: The Holy Spirit wants to help make Jesus a part of everything in our lives.

Scriptures: John 14:26 But the Counselor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

John 15:26 When the Counselor comes, whom I will send to you from the Father, the Spirit of truth who goes out from the Father, he will testify about me.

John 16:13 But when he, the Spirit of truth, comes, he will guide you into all truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come

Materials: 3 clear glasses for each person filled $\frac{3}{4}$ with milk
2 plastic or wooden spoons labeled "Holy Spirit"
Cold milk
Chocolate syrup
Cardboard cut in a heart shape

- I. Play theme song
- II. Pray
- III. Review last lesson
- IV. Lesson and discussion



Words that are written in **bold** are when the leader is speaking. Feel free to use your own words.

A. DISCUSSION: **What do we know about the Holy Spirit?** Listen to answers. *He is part of the Trinity with God and Jesus. We can't see him. He lives inside of us. He teaches us to make good choices.*

Invite volunteers to read John 14:26, 15:26 and 16:13. **What do these verses teach us about the Holy Spirit?** Listen to answers. *He provides counsel, direction. God the father sent him. He will teach us and help us to remember biblical truths. He communicates what God tells him. He points us to Jesus.*

FAMILY TIME TRAINING

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B. **ACTIVITY:** Line up the 3 clear glasses. **These glasses represent three kinds of people. This first glass represents people who do not believe or follow Jesus. The other two represent people who believe in Jesus.**

Pour the milk into all three glasses about $\frac{3}{4}$ full. **The milk represents all the things we think, say and do...what we do with our lives.**

Put the cardboard heart on top of the glass representing people who do not believe or follow Jesus. **This heart on top of the glass represents a closed or hardened heart. These people have hardened their hearts to letting Jesus in their lives. In the Old Testament Pharaoh had a hardened heart. Moses delivered God's message to let his people go but over and over, Pharaoh refused to obey God. In the New Testament, Saul the Pharisee had a hard heart toward Jesus. But Jesus eventually broke through the hard heart. Saul's name was changed to Paul. He became a believer and eventually wrote most of the New Testament.**

Pick up the chocolate syrup. **The chocolate syrup represents Jesus!** Act like you are going to put some syrup in the first glass that has the heart over the top. **Jesus want's to come into their lives but they have hardened their hearts toward him.** Now pour 1 or 2 inches of chocolate syrup into the other two glasses. Enough so you can see the syrup in the bottom of the glass. Be careful not to shake up the milk and syrup. **These people have open hearts to Jesus, so Jesus represented by the chocolate syrup can come into their lives.**

Pick up the two spoons labeled "Holy Spirit." **Because these people have Jesus they also have the Holy Spirit. These spoons represent the Holy Spirit.** Place the spoon in each glass so everyone can see the words "Holy Spirit" on the handle.

This second glass represents people who believe in Jesus, they have the Holy Spirit in their lives but they don't listen to what the Spirit tells them. So the spoon just sits there.

This third glass represents people who believe in Jesus, have the Holy Spirit in their lives, listen to the Spirit and do what the Spirit says. Stirring the spoon represents listening to the Holy Spirit. Stir the spoon until the chocolate is completely mixed with the milk. Keep stirring.

When we have Jesus and follow the leading of the Holy Spirit, our lives look different. The things we say look different—we don't make fun of others, we don't use God's name as a cuss word. The things we think are different—we assume the best of others, we want the best for others...even those we consider enemies, and throughout the day we lift up prayers and praise to God. The things we do are different—we are careful what images we see...we don't watch the same movies or TV shows or computer sites as others. We don't spend all our money on ourselves. We keep our eyes open for people in need and in the name of Jesus we help them.

One last point for parents: Notice the second glass representing people who believe in Jesus but do not change their lives. Does their glass look more like the active believer or the non-believer. The non-believer. This is a key reason why so many of our kids are leaving the faith.

When they look at our lives do they see a difference because we follow Jesus or do we look like everyone else? This non-practicing believer is more likely to raise a non-believer than an active believer.

V. Memorize:

Got milk?
Got chocolate milk!

VI. Close in Prayer

VII. Pass It On

Make an extra copy of this lesson and *pass it on* to another family.